



# PATIENT RESOURCES

## SCREENING RESOURCES



### ANXIOUS ABOUT SCREENING? THESE RESOURCES CAN HELP

It's quite natural to be nervous about CRC screening. Here are a few articles that can help you navigate anxiety surrounding your first screening:

- ✔ [6 Tips for an Easier Colonoscopy Prep](#)
- ✔ [How to Prepare for Your First Colonoscopy \(and be happy about it\)](#)
- ✔ [8 Ways to Cope With Fear During the Screening Process](#)
- ✔ [Colorectal Cancer Screening Stories](#)

AND you can also encourage your loved ones to get screened [using these conversation starters](#).



### COST OF SCREENING

#### IF INSURED

Most insurers will cover the cost of a **preventive** screening test if you are 50 years or older, but you may have to share the cost of a **diagnostic** screening test (if a polyp or tumor is found).

- ✔ Medicare (for those 65 and older): Coverage information on [preventive screening can be found here](#).
- ✔ Medicaid (for those with limited financial resources): Coverage varies by state. Contact your state's health service department for specific coverage information.
- ✔ Private plans: Required to cover preventive screening for those 50 years and older but may not cover for younger individuals. Contact your health plan for specific information.

#### IF UNINSURED OR UNDERINSURED

The following resources can provide financial support or access to free or low-cost screening:

- ✔ Community health centers might offer free CRC screening—find your [local community health center here](#)
- ✔ Hospitals often run free or discounted screening programs for the uninsured
- ✔ [ColonoscopyAssist](#)
- ✔ [The Blue Hope Program](#) can help connect you to a suitable resource

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